

KRASNIQI OPEN

POOMSAE

TAEKWONDO



DATE
19 DECEMBER 2026



VENUE
CMC AIGLE
SWITZERLAND



CATEGORIES
MINIMES
CADET
JUNIOR
SENIOR
MASTER



www.krasniqiopen.krasniqitaekwondo.ch



krasniqiopen@gmail.com





INVITATION LETTER

Aigle, Switzerland

Dear Friends,
Dear Taekwondo Family,

We are pleased and honored to invite you and your athletes to participate in the

KRASNIQI OPEN POOMSAE 2026

Individual · Pair · Team · Freestyle — Classes A to D

Saturday 19 December 2026 — UCI World Cycling Centre, Aigle, Switzerland

We are committed to making this event a successful one. We adhere to the highest standards of preparation in order to create an ideal atmosphere for all participating teams, and we assure you of fair play and maximum transparency.

And the weekend does not end there: the **Krasniqi Open E2** and **Krasniqi Open Primes** kyorugi tournaments take place on 19–20 December in the same arena, and from **21 to 23 December** our **International Training Camp** with Olympic-level coaches takes place at the Maison du Sport in Leysin, in the mountains above Aigle. We warmly invite your athletes to stay with us for the full experience.

We hope you have a wonderful stay in Aigle, in the heart of the Swiss Alps, and that you enjoy your time together with all the other members of the Taekwondo family.

We are looking forward to receiving your registration no later than **December 1st, 2026**. We truly hope that we can welcome you and wish you and your team a lot of success at this championship.

Sincerely yours,

Bashkim Krasniqi

President of the Organizing Committee

Invitation – Information

Promotion	Swiss Taekwondo
Organizer	Krasniqi Taekwondo — krasniqiopen@gmail.com Bashkim KRASNIQI : Tel. +41 76 823 64 67
Date	<u>Saturday 19th of December 2026</u>
Location	UCI World Cycling Centre (Vélodrome) – Allée Ferdi Kübler 12, 1860 Aigle, Switzerland

Participants

All participants must be members of Swiss Taekwondo, ETU, or WT and possess a valid sports pass from the national association. Foreign participants must prove their membership in a WT federation.

Insurance

Each participant assumes personal responsibility for risks and accidents related to participation in the tournament and must be insured against accidents. The organizing committee and Krasniqi Taekwondo decline all responsibility.

Equipment

World Taekwondo dobok & Poomsae dobok with belt according to grade.

Rules

Poomsae WT / Swiss Taekwondo. The year-of-birth rule applies.

Categories & Age Classification

Individual

Division	Ages	Class D 8. Kup - 6. Kup	Class C 5. Kup - 3. Kup	Class B 2. Kup - 1. Kup	Class A 1. Dan/Poom - 9. Dan	Gender
Minimes	7-10	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	f / m
Cadets	11-13	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	f / m
Juniors	14-17	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	f / m
Seniors 1	18-30	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 7 - Taebak	f / m
Seniors 2	31-40	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 7 - Taebak	f / m
Masters 1	41-50	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 7 - Sipjin	f / m
Masters 2	51+	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Koreo - Jitae	f / m

Pair and Team

Division	Ages	Class D 8. Kup - 6. Kup	Class C 5. Kup - 3. Kup	Class B 2. Kup - 1. Kup	Class A 1. Dan/Poom - 9. Dan	Gender
Minimes	7-10	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	Pair: mm / ff / mf Team: mmf / ffm / fff / mmm
Cadets	11-13	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	
Juniors	14-17	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	
Seniors 1	18+	Taeguk 1, 2, 3	Taeguk 1 - 5	Taeguk 3 - 8	Taeguk 3 - Keumgang	

Pair and Team categories are open to m/f combinations.

Freestyle — individual only, Class A & Class B

Division	Ages	Gender
Minimes	7-10	f / m
Cadets	11-13	
Juniors	14-17	
Seniors 1	18+	

Competition Format

Draw

The Poomsae are chosen by draw and sent by e-mail the day before the competition.

Course of the competition

Preliminary round: 1 Poomsae, all athletes (skipped with 19 athletes or fewer).

Semi-final: 1 Poomsae, 50% of the athletes (skipped with 8 athletes or fewer).

Final: 2 Poomsae, the best 8 athletes. Ranking according to the final round only.

Execution

Class D up to B: Cut-Off. Class A: Single Elimination.

Awards

Medals for places 1, 2 and 3 individually (2 × bronze).

Cups for places 1, 2 and 3 — team ranking (7-3-1 points).

Coaches

1 coach for every 4 athletes. All coaches must be at least 18 years old. Coaching only in tracksuit with sport shoes.

Registration

Registration fees

EUR 70.00 per athlete by bank transfer before 01.12.2026.

Deadline

1. December 2026

Withdrawal of registration is possible until 1 December 2026. After this date the entry fee is not refundable.

No on-site registration. Registered athletes who do not appear will still be charged.

Registration details

Application	www.tpss.eu
Payment deadline	Until December 1: EUR 70.00 per participant
Account Beneficiary:	Krasniqi Taekwondo Villeneuve
Bank:	UBS Switzerland AG
SWIFT:	UBSWCHZH18A
IBAN:	CH31 0025 5255 1053 7901 L
Purpose of payment:	Club name* (Specify your club name)
Information:	Bashkim KRASNIQI, +41 76 823 64 67, krasniqiopen@gmail.com Krasniqi Taekwondo, www.krasniqiopen.krasniqitaekwondo.ch

Programm

Friday – 18.12.2026

17:00 – 20:00 Accreditation

Saturday – 19.12.2026

07:00 – 08:00 Registration / Accreditation

08:45 – 09:00 Coach meeting

09:00 – 09:15 Referee meeting

09:30 – 12:30 Competition

12:30 – 13:15 Lunch break

12:45 – 13:15 Freestyle

13:15 – 17:00 Competition

***** This program is subject to change *****

Draw Sheet Publication

The draw sheets and brackets will be published at 22:00 the day before the start of competition on:
tpss.eu and **www.krasniqiopen.krasniqitaekwondo.ch**

Stay Updated — WhatsApp Group

Scan the QR code with the WhatsApp camera, or click the link below, to join the official WhatsApp group.
Every update will be published in the group.



<https://chat.whatsapp.com/liKYxhjKirn8ojC7MLhrTR>

Accommodation

Suggested hotels near the venue:

- Hôtel Ediol — Vouvry — www.hotel-edirol.ch
- Nonanteneuf appart-hôtel — Aigle — nonanteneuf-hotel.ch
- Alp Art Hotel — Collombey — www.alparthotel.ch

These hotels are suggestions only. The Organizing Committee has no partnership with these establishments and is in no way a party to any booking. Reservations are made directly with the hotels, at the participants' own responsibility.

Medical Insurance

All participating athletes, coaches and team officials must have a valid medical insurance that covers medical care and, in case of emergency, repatriation to the home country. All relevant documents proving that such an insurance is in place, including insurance policy papers, should be taken to the event in case a medical situation occurs.

Data Privacy

By registering, each participant agrees that personal data, including first name, last name, weight class, nation/club, placement, as well as photos, videos, etc., may be published for our purposes through media at the event, either on the internet or in print.

Antidoping

Agency (NADA), the World Anti-Doping Agency (WADA) and the World Taekwondo Federation (WT). The competitor accepts with the application the anti-doping rules of the National Anti-Doping.

Liability

All participants take part at their own risk, assume personal responsibility for any risks and accidents related to tournament participation, and must have accident insurance. By registering, all participants expressly release World Taekwondo, Swiss Taekwondo, Krasniqi Taekwondo and the Organizing Committee from any and all liability. The registration implies that participants agree to take responsibility for themselves and release others from any liability arising directly or indirectly from the Krasniqi Open events. By registering, the responsible parties expressly agree to the disclaimer of liability. All participants must bring their own documents and forms for any medical treatments in Switzerland. All participants and visitors need a valid ID (valid passport or other official ID). By participating, participants accept the agreement with NADA/WADA (National & World Anti-Doping Agency).

LIABILITY DECLARATION

(only for under-aged athletes)

My name: _____

I live in: _____

I am the parent/guardian of: _____

Date of birth (competitor): ____ / ____ / ____

I declare that I accept the participation of _____ at the **Krasniqi Open Poomsae 2026** on **19 December 2026** and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. World Taekwondo, Swiss Taekwondo, Krasniqi Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents, forms and medical insurance to Switzerland.

Place: _____ Date: _____

Signature of the parents/legal guardian:

Please send this form to: **krasniqiopen@gmail.com**